



## Activity Week - Wednesday 8<sup>th</sup> , Thursday 9<sup>th</sup> and Friday 10<sup>th</sup> July 2026

### Program Letter – NSQ -North Devon Wakepark/Snowsports Plymouth/Quaywest

#### Times and Travel Arrangements

Students are to meet at **8:20am each morning in Gym 5 on Gypsy Lane site**. Please do not be late as we have a scheduled time to leave. Registers will be taken before boarding the coaches. We will be travelling by coach and will arrive back at the College for 3pm each day. ***Parents/Carers have already confirmed that students can swim for the activities involved in NSQ.***

We look forward to celebrating the end of the year with you with an exciting trio of trips during activity week. Please take the time to read the information below as there is some essential advice and information needed for each trip location.

#### **NORTH DEVON WAKEPARK - WEDNESDAY 8<sup>th</sup> JULY**

Students must bring packed lunch for this visit as we have a tight schedule (there is a café but queues were long last year). Students eligible for free school meals will have packed lunches provided by the College. Students will be doing a mixture of ringo rides, paddleboarding and using the aquapark.

**Important-**Students will need swimwear (**no bikinis**) and **we recommend this is worn under clothes to save time** and a towel. **All buoyancy aids and wetsuits will be provided, however if you have your own wetsuit you are welcome to bring it. A £1 coin is required for lockers.** No jewellery or glasses may be worn.

It is strongly recommended that students apply sun cream and re apply throughout the day if the weather is hot. Also, a bottle of water and sun hats are recommended for when students are not in the water. Students will NOT be allowed to leave the wake board site.

#### **SNOWSPORTS PLYMOUTH-WEDNESDAY 9<sup>th</sup> JULY**

On arrival in Plymouth students will be briefed and given equipment needed. Long sleeves, trousers and gloves are needed for all lessons even if it is a warm day. Sensible shoes with grip are recommended. No open toed-shoes or heels permitted. Water bottle is needed for the summer months. Sun cream recommended on a sunny day. They provide all the equipment for the lessons including skis, snowboards, boots & helmets. There is Café that students can access but students may prefer to bring their own packed lunch. Students eligible for free school meals will have packed lunches proved by the College. Students will **NOT** be allowed to leave the site.



## QUAYWEST- FRIDAY 10TH JULY

Upon arrival at Quaywest, students will be issued with a wristband that they need to wear at all times. They will then be able to change and go straight onto the water. Small change will be needed (20p returnable) for the lockers in the changing rooms. They need swimwear (**no bikinis**) and a towel. No jewellery or glasses may be worn.

It is strongly recommended that students apply sun cream and re apply throughout the day if the weather is hot. Also, a bottle of water and sun hats are recommended for when students are not in the water. **Students should bring a t-shirt** to wear over their swimwear to prevent friction burns to their back on the bigger water slides.

There are food outlets inside Quaywest or students may prefer to bring their own packed lunch. Students eligible for free school meals will have packed lunches provided by the College. Students will **NOT** be allowed to leave the Quaywest site.

### Medical Conditions

It is important that staff are made aware of any medical condition that may affect students and that trip leaders know what action to take in the event of a medical emergency.

Therefore, a Data Collection Form will need to be completed for ALL students taking part in this activity. Please ensure you inform the college of any changes (medical, contact details etc.) so that our records are up to date.

### All College standards of behaviour apply for all activities:

- No smoking/vaping or consumption of alcohol
- No swearing or bad language
- All rubbish to be put in bins
- Students will behave in a considerate manner to all other students/staff
- All students and staff will be treated with respect
- Instructions given by staff will be followed promptly and without question
- The College accepts no responsibility for the loss of any personal belongings, including phones and tablets. Therefore, in the interest of safety, please leave all valuables and personal items at home.

Mrs Nicola Wright

Trip Leader

Nicola.wright@exmouthcollege.devon.sch.uk



Exmouth Community College is part of the Ted Wragg Trust

Registered Address: Ted Wragg Multi Academy Trust, Ted Wragg Multi-Academy Trust, Great Moor House, Bittern Road, Sowton Industrial Estate, Exeter EX2 7NL. Company Registered No: 08545109