



Summer Residential Wednesday 8th, Thursday 9th & Friday 10th July 2026

Program Letter – Girls Surfing Trip Cornwall

We are very much looking forward to this residential for an action packed 3 days. Below is a rough outline of what we can expect to be doing (Great British weather allowing!) **Please meet at 8.20am in room 521 on Gipsy Lane site.**

Wednesday 8 th July 2026	Thursday 9 th July 2026	Friday 10 th July 2026
9.45am Leave ECC Gipsy Lane Travel by minibus to Newquay Cornwall 12.30pm – trip to Morrisons – option to buy lunch (or just take a packed lunch) 1.30pm – Arrive - Unpack and tour around Smarties Surf Lodge 3pm – Activity Session - Surfing Newquay Activity Centre 6pm Dinner TBC 6.45pm Rounders/beach games – weather dependent 9.30-10.00pm Bed	8.30am –Bacon sandwiches/beans on toast 10.30am - Body Board/surf Lesson – conditions dependent 1pm Lunch at the lodge or on the beach – weather dependent 3pm – Coasteering Newquay Activity Centre 6pm Dinner TBC 6.45pm BOWLING trip and Pizza at a local campsite in Morgan Porth 9.30-10.00pm Bed	8.30am Breakfast - cereal 10 – 12 surfing/bodyboarding Newquay Activity Centre 12.30pm Pack and bags down Leave 1pm Arrive back at ECC 3pm

This is a residential trip so students should come prepared for 2 nights away from home. We are also taking part in a variety of water sports so suitable attire should be brought with each student. However, space is limited so please pack light and label EVERYTHING!

Kit List:

- 2 X T-Shirts
- 2 X Long Sleeved Tops
- 2 X Shorts (no short length shorts on activities)
- 2 X Tracksuit Bottoms
- 2 X Jumpers
- 1 X Clothes to wear in the evening
- 4 X Socks & Underwear
- 1 X Warm Jacket/Coat
- 1 X Trainers to stay dry
- **1 X Wet Shoes or Trainers to get wet**
- **2 X Swimwear**
- **2 X Towels - these are not provided**
- 1 X Toiletries
- 1 X Water Bottle



- 1 X Hat
- 1 X Sun Lotion
- 1 X Hair Bands
- 1 X Black Bin Liner for Wet Clothes
- Suncream
- Rucksack for day use and a water bottle

All wetsuits, safety equipment and equipment used for each activity is provided.

Medical Conditions

It is important that staff are made aware of any medical condition that may affect students and that trip leaders know what action to take in the event of a medical emergency.

Therefore, a Data Collection Form will need to be completed for ALL students taking part in this activity. Please ensure you inform the college of any changes (medical, contact details etc.) so that our records are up to date.

Any child that requires an Asthma Inhaler or Epi Pen must have it with them on all activity sessions.

Any dietary requirements need to be explained and emailed to Gemma Hough – email underneath. Students who receive free school meals will be provided with a packed lunch for the day of travel if they want one. Please see Mrs Hough.

ECC cannot be responsible for any loss of personal money or belongings whilst on the trip.

MOBILE PHONES – Pupils will be able to have access to mobile phones in the afternoons and evenings; however phones will be taken by the staff at 9.30/10pm and pupils will get them back after the afternoon activity on the following day. This method has proven very successful last year and on our recent school ski trip and encourages the pupils to talk to each other face to face and enjoy the moment – Obviously if a pupil needs their phone to contact someone in an emergency then this of course will be possible. Please email me if you have any concerns about this.

Please let us know of any dietary requirements and/or medical conditions.

All College standards of behaviour apply for all activities:

- No smoking/vaping or consumption of alcohol
- No swearing or bad language
- All rubbish to be put in bins
- Students will behave in a considerate manner to all other students/staff
- All students and staff will be treated with respect
- Instructions given by staff will be followed promptly and without question
- The College accepts no responsibility for the loss of any personal belongings, including phones and tablets. Therefore, in the interest of safety, please leave all valuables and personal items at home.

Gemma Hough and Katie Coult

Trip Leaders

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