

## How can you get involved?

We are looking for volunteer ICE Champions to build our team! All our Champions have a passion for seeing young people thrive and are positive supporters of Exmouth Community College.

- **HUB** – our Hub Champions are interested in young people and love to connect with them. Just one break time a week can make all the difference and could help us expand our provision for students.
- **MENTOR** – our Mentor Champions are excellent listeners and positive role models. They may have previous experience of working with young people or have a skill that they would love to pass on. Our mentors must be committed to receiving training and be adaptable to using different ideas and resources with students.
- **PRAY** – our community Prayer Champions receive regular prayer requests and where possible meet monthly to pray together.
- **EVENT SUPPORT** – our Event Champions partner with and support our events and activities, from the planning stages, to helping on the day, to follow on events.
- **GIVE** – our Giving Champions support the ICE Project financially and are passionate about the future of the project. You may also be a local business that would like to sponsor one of our events, such as the ICE Awards.

Contact [ice.team@exmouthcollege.devon.sch.uk](mailto:ice.team@exmouthcollege.devon.sch.uk)

## Meet our staff



### Lisa Pike - Project Leader

Lisa has a wealth of experience working with children and families and is passionate about serving the schools and young people of Exmouth. She is excited about developing

the ICE Project further and growing the team. Lisa is an encourager and loves to dream big for young people!



### Louise Goulbourne - Mentoring Lead

With over 20 years experience working with youth, Louise leads our mentoring team, providing 1:1 and group mentoring. She is also an integral

member of the ICE Team, regularly helping out in the Hub, and with ICE events. Louise is a fantastic listener, gives wise advice, and truly cares for every young person.



Church Street Exmouth EX8 1PE  
01395 224218

[info@opendoorexmouth.org.uk](mailto:info@opendoorexmouth.org.uk)  
[www.opendoorexmouth.org.uk](http://www.opendoorexmouth.org.uk)  
registered charity: 1094599



The Open Door ICE Project aims to **Inspire, Champion and Equip** children and young people to reach their full potential.

## The ICE Project - Past and Present

The ICE Project was established in Exmouth Community College 25 years ago by local churches who wanted to support the school. It is now one of six projects run by Open Door Exmouth, a Christian charity that seeks to make a positive difference in our community. Over the years the ICE Project has evolved in order to meet the changing needs of both the school and young people alike.

The ICE Project is made up of a team of paid employees, degree trained youth workers and trainees plus volunteers who are all passionate about seeing young people reach their full potential. The ICE Project supports students to be mentally healthy and resilient, particularly working alongside those who are struggling with difficulties at home, self-esteem, confidence and friendships among other issues. The project uses the Iceberg Model of Behaviour as a way of approaching each young person they work with.

### ICEBERG MODEL



## The Hub (pictured right)

The ICE Team run a twice daily safe space for students in the college situated on the Geography/RE Corridor, Green Close site. The Hub runs every break and lunchtime providing games and activities or simply a space to make friends, eat lunch or read a book. The Hub is staffed by volunteers and enables students to have an adult to talk to should they wish.



## Mentoring

Students face all sorts of challenges both inside and outside of the school environment which can affect both their sense of worth and self-esteem. Through 1:1s and group work, our ICE mentors aim to give students a safe, supportive space and a non-judgemental listening ear, drawing on proven resilience building resources like 'The Resilient Classroom'\* and the 'Step-It-Up-2-Thrive'\*\* programme to support young people.

However, just as each young person differs we recognise that there is not a 'one size fits all' approach and thereby tailor our mentoring to suit each individual and equip them accordingly.

For more information about mentoring contact:

[louise.goulbourne@exmouthcollege.devon.sch.uk](mailto:louise.goulbourne@exmouthcollege.devon.sch.uk)

\*Published by BOND and YoungMinds

\*\*Thrive Foundation for Youth

## Events and Activities

Every year we run a variety of different events. In the past this has included partnering with the college to host music band LZ7, leading transition days for anxious primary school students, performing a Christmas Nativity, hosting the GSUS Live Bus and bringing a Christian perspective in assemblies and RE lessons.

The **ICE Awards** is a highlight in the yearly calendar as we celebrate some very special students. Young people are nominated by members of staff, not for educational attainment, but for displaying values that have a positive impact on their communities, e.g. triumph in adversity, courage, kindness, compassion.

During term time we deliver a weekly Christian Union – Pulse, which provides a space for students to explore faith and spirituality. We also provide a weekly opportunity for Christian staff to meet and pray together. **As Christians, we always respect and understand the school's code of conduct and will only share our faith transparently within faith-based events or when invited to do so.**