

Section 1 Stage Combat Rules PART 1

- 3,2,1 stop – means stop **STRAIGHT AWAY**
- Practice everything in **slow motion** first
- Only work with people you **trust** and can work sensibly with
- No practicing stage combat **outside** of the lesson

Section 3 Stage Combat Key terms

Choreography

Carefully sequencing physical movements with precision and accuracy.

Illusion

Creating a distortion of the senses, particularly visual, to 'trick' the audience's brain into seeing something.

Reaction

Responding physically and vocally to an event or action on stage in order to 'sell' the action to the audience.



Section 2 What is Stage Combat?

Stage combat is a **specialised** technique in theatre designed to create the **illusion** of physical combat **without causing harm** to the performers. It is employed in live stage plays as well as operatic and ballet productions. The term is also used informally to describe fight **choreography** for other production media including film and television. It is a common field of **study** for actors and dancers and is closely related to the practice of **stunts**.

Section 4 Stage Combat Rules PART 2

- **Measure** your distances
- Make **eye contact** before you practice a move
- **Rehearse** your fight sequences until they are completely perfect