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The light and weight Coross and fine motor skills development of development requires coordination and development will vary Development of development of development of development will vary Development of thinking skills – memory and recall precision Growth and development will vary Development of tkey milestones – walking development of fine motor skills Development of thinking skills – memory and recall precision Growth and development of skills Development of thinking skills – memory and recall praise Need for praise		Physical	Intellectual	Emotional	Social
Selection Sele			Development of senses		
Precision Growth and development will vary Development of key milestones - walking Intellectual Emotional Social Mastery of gross and fine motor skills Continued growth and development Gevelopment of milestones - walking Intellectual Increased independence Forming friendships Temper tantrums Temper tantrums	Infancy 0-2 years			Need for love & affection	_
Pode Primary and secondary sexual characteristics Primary and secondary sexual characteristics Menstruation starts, fertile, sexual maturity Physical Physical Develops morals/ideas Physical Primary and secondary sexual characteristics Physical Physical		development requires coordination and	thinking skills –	Need safety & security	Engage in solitary play
Physical Intellectual Emotional Social Mastery of gross and fine motor skills Continued growth and develops, building on vocabulary Further development of milestones – can walk upstairs unaided Riding a tricycle, riding a bike Physical Intellectual Emotional Forming friendships Physical Intellectual Abstract/logical thinking develops Increase of sex hormones Primary and secondary sexual characteristics Menstruation starts, females become fertile Physical Intellectual Emotional Social Primary and secondary sexual characteristics Menstruation starts, females become fertile Physical Intellectual Emotional Social Physical Sevelops Mental Self-image and self-esteem concerns can develop Primary and secondary sexual characteristics Menstruation starts, females become fertile Physical Intellectual Emotional Social Physical Self-image and self-esteem concerns can develop Primary and secondary sexual characteristics Menstruation starts, females become fertile Physical Intellectual Emotional Social Females at their most fertile, sexual maturity freached abstract and creative thinking Peak of physical fitness, full height important and security Metabolic rate slows May return to education Weight gain at later Learn from Need to feel secure Social/family gatherings		Growth and	• •		
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Fine motor skills		Physical	Intellectual	Emotional	Social
Further development Strong grasp of memory and recall of attachments Cooperation Cooperati		, •	Increased curiosity	Increased independence	Forming friendships
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Physical Increase of sex hormones Abstract/logical thinking develops Abstract/logical thinking develops Influence mood swings Influence mo		of milestones – can		•	Cooperation
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Weight gain at later Learn from Need to feel secure Social/family gatherings	Adolescence 9-18 years	Increase of sex hormones Onset of puberty Primary and secondary sexual characteristics Menstruation starts, females become fertile	thinking develops Wider range of vocabulary Develops morals/ideas Educational experiences support learning	Self-image and self- esteem concerns can develop Freedom to make own decisions	friendships, to include formal and informal relationships Influential relationships Peer pressure Risk taking decisions Close/intimate relationships develop
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Weight gain at later Learn from Need to feel secure Social/family gatherings	P	Increase of sex hormones Onset of puberty Primary and secondary sexual characteristics Menstruation starts, females become fertile Physical Females at their most fertile, sexual maturity reached Peak of physical	thinking develops Wider range of vocabulary Develops morals/ideas Educational experiences support learning Intellectual High level problem solving – mastery of abstract and creative thinking Employment and careers become	Self-image and self- esteem concerns can develop Freedom to make own decisions Emotional Independent living and control over lives Emotional wellbeing is based on attachment	friendships, to include formal and informal relationships Influential relationships Peer pressure Risk taking decisions Close/intimate relationships develop Social Intimate and long-lasting relationships formed — marriage, relationship break-ups
	P	Increase of sex hormones Onset of puberty Primary and secondary sexual characteristics Menstruation starts, females become fertile Physical Females at their most fertile, sexual maturity reached Peak of physical fitness, full height	thinking develops Wider range of vocabulary Develops morals/ideas Educational experiences support learning Intellectual High level problem solving – mastery of abstract and creative thinking Employment and careers become important May return to	Self-image and self- esteem concerns can develop Freedom to make own decisions Emotional Independent living and control over lives Emotional wellbeing is based on attachment and security	friendships, to include formal and informal relationships Influential relationships Peer pressure Risk taking decisions Close/intimate relationships develop Social Intimate and long-lasting relationships formed — marriage, relationship break-ups Parental responsibilities

	Physical	Intellectual	Emotional		Social
Middle adulthood 46-65 years	Peri-menopause 40's	Continued ability to problem solve	In control of lifestyle		Time when children have left home, freedom
	Menopause (50ish)	Continued ability to make logical decisions	Feelings of contentment		Time for travel +friends
	Reduced mobility	Retirement at the later stages	Retirement can affect self-esteem/self-image		May have more time to socialise
	Decline in senses such as eye sight and hearing		Ageing process can affect self-image and self esteem		The aging process could hinder freedoms in the latter stages
	Increased risk of falls, joint pain and age rated conditions such as arthritis		Emotional wellbeing is based on attachment and security		
	Reduction of skin elasticity				
	Physical	Intellectual	Emotional		Social
Later adulthood 65+ years	Ageing process becomes more rapid	Decline in cognitive ability	May start to become dependent on others		Bereavement – loss of a partner could result in loneliness and isolation
	Decline in physical fitness, loss of mobility	Reduced reaction times	Emotional wellbeing continues to be based on attachment and security and contentment		Reduced social activities
Lat	Loss of muscle tone and further loss of skin elasticity Further decline in senses	May experience loss of memory and recall			More rapid increase in aging process can hinder freedoms
		FFECTING GROWT	H AND DE	VELOPME	NT
Physical Factors		Lifestyle Factors		Emotional Factors	
Inherited conditions – sickle cell disease, cystic fibrosis, muscular dystrophy, Marfan syndrome and Huntington's disease				Fear, anxiety, worry, upset, sadness, grief, bereavement	
Experience of illness and disease		· · · · · · · · · · · · · · · · · · ·		Happiness, contentment	
Mental health – anxiety, stress		Alcohol			
Physical ill health – cardiovascular disease, obesity, type 2 diabetes		Substance misuse		Security	
Disabilities/sensory impairments				Attachment	
Social Factors		Cultural Factors		Environmental Factors	
Supportive and unsupportive relationships		Religion, gender roles and expectations		Housing, housing conditions, location	
Social inclusion/exclusion		Gender identity			
Bullying		Sexual orientation Community participation		Home environment – conflict, abuse and neglect	
Discrimination		Race Exposure to pollution – air, noise, light			pollution – air, noise, light
Ecor	nomic Factors	Economic Factors			
Employment	situation	Financial resources – income, inheritance and savings			