

Year 12 Level 3 BTEC Certificate in Health and Social Care

Summer task

Unit 5 Meeting Individual Care and Support Needs

You will study 2 units in your first year and one of the units is unit 5 'Meeting Individual Care and Support Needs'. This unit is a coursework unit and requires a lot of written work and critical thinking skills, especially for achieving the higher grades.

Task 1:

You will write an essay about the importance of promoting equality and diversity and preventing discrimination in health and social care. You will need to carry out some independent research for this task which could include getting information from the internet, newspapers and books. Please think about the format of your essay which should contain an introduction, main body and an overall conclusion. Ideally your work will be produced on a computer and will be in size 12 font.

The title of your essay is:

'Promoting equality and diversity, and preventing discrimination in health and social care

- Begin by explaining what is meant by the term equality with examples of equality
- Explain what is meant by the term diversity with examples of diversity in modern Britain (try and relate your examples to health and social care where you can)
- Explain what is meant by the term discrimination and bring in some examples of discrimination. Draw on recent examples, for instance racial discrimination or the discrimination of individuals from LGBT groups. Explain how discrimination can affect people negatively – think about self-esteem and reduced opportunities.
- Give some examples of how discrimination can be prevented, try and make links to health and social care.
- Finish off with a small conclusion briefly summing up why it is so important to promote equality and diversity and prevent discrimination when working in health and social care

Task 2

Now carry out some further research on initiatives aimed at preventing discrimination – you can write your examples in note format or as an extension activity, you can put it into a PowerPoint presentation.

You are going to research the Equality Act 2010.

A main initiative (idea/plan) on how to minimise discrimination is through laws put in place to protect people from being treated unfairly based on a particular characteristic or characteristics such as skin colour or race. The Equality Act is a main piece of legislation (law) that was brought in to protect people from discrimination.

Title – The Equality Act (2010)

Click on the link below which will take you to an easy read version – you can look at other versions too

gov.uk/government/uploads/system/uploads/attachment_data/file/85039/easy-read.pdf

Find out:

- When the Act was brought in
- Why stronger laws were needed and what was wrong with the old laws?
- What countries the Act affects?
- What the Act says for people of different ages? Bring in some examples
- What the Act says for women breast-feeding babies?
- What is meant by dual discrimination and bring in some examples

Further research:

- Find out what is meant by ‘protected characteristics’ written into the Equality Act and what the 9 protected characteristics are – include the source from where you get your information from (the website, newspaper or book for example)

Extension activity for the keen:

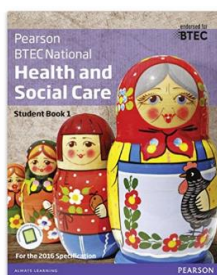
- Research the 6 Cs – a strategy for nurses, midwives and carers
- Explain what they are and why they were brought in and why they are so important (make a note of any sources used)
- Pick 2 out of the 6 C’s and bring in an example of each one not being used (make up a scenario) and consider how it could affect patients or service users negatively

Please save your work onto a memory stick or save your work onto OneDrive so that you can access your work from College and home.

Please print your work off and bring it with you for your first health and social care lesson

This work will go towards your first piece of coursework so it is in your best interest to do it well.

Text book details if you want to purchase one and get ahead of yourself (you will study units 1 and 5 in Year 12; 2 and 12 in Year 13). It is recommended you have a copy of your own text book.



https://www.amazon.co.uk/BTEC-National-Health-Social-Student/dp/1292126019/ref=pd_lpo_sbs_14_t_0?encoding=UTF8&psc=1&refRID=0FCRFKCSH8QX0AZW7EAQ

Thank you, I look forward to meeting you in September and reading your work - Mrs Dawles

