

Hinduism

Key Beliefs and Life After Death

ATMAN → This is our individual soul. It is trapped in our bodies and is reborn when we die.

KARMA → Our Atman collects karma. Every action makes good or bad karma. At the end of our lives, our karma is weighed.

REINCARNATION → If we have more good karma, we will be reborn higher up.

SAMSARA → The cycle of **SAMSARA** We are trapped in this wheel. The aim of Hindu life is to reach a point where the atman can escape this wheel. This freedom is called **MOKSHA**.



The Hindu Trimurti are the 3 main faces of God. Together, they create, preserve and destroy. **Brahma, Vishnu + Shiva.**

When the soul escapes, it joins with God or the universal soul. **Brahman**



The Caste System

An old-fashioned system used to organise Hindu society. You must stay in the caste you were born in. You can only have jobs suited to this caste and you must marry in your own caste.



TRADITION → ALL Hindus used to follow this. Untouchables have always been treated badly but Hindus may argue that it is their own fault. Bad karma is the reason they are in this Caste.

COMPARE WITH ↓

MODERN → This system is now illegal in India. It is not used in big cities but may still be seen in more traditional rural areas. It is still hard for Dalits to have great jobs because their families are often still poor and may live in the slums. It is possible though and some dalits have become millionaires!